

# Continence Service

Supporting you to maintain healthy bladder and bowel habits.

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**Continence Service provides specialised management, advice and support for bladder and/or bowel issues.**

This service assesses your condition and works with you to develop a management plan to best suit your individual needs, helping you to remain independent in your home and in your community.

Our Continence Service can also provide support for you and your carer in regards to social and emotional issues you may be experiencing with incontinence.

## **Continence Services may include:**

- Assessment, education and management/treatment of faecal or urinary incontinence.
- The use of aids and equipment.
- Exercises.
- Referral to a specialist.
- Determining eligibility for funding options.

## **Continence Services can assist to improve:**

- Home life.
- Work life.
- Social outings.
- Exercise and sport.

- Travel.
- Relationships/intimacy and sex.

Our service is provided in the home if you are frail, aged or have a disability.

There is a cost for this service that may vary, speak to our team for more information.



## **Need help?**

To find out more about Nexus, please contact us on:

**t 1300 77 33 52**

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**t 1300 77 33 52**

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