

Occupational Therapy

Enabling your independence and engagement in home, school and community environments.

Allied
Health

Occupational Therapy promotes health and wellbeing by better enabling you to participate in everyday activities. Our service is confidential and respectful of your needs, circumstances and culture.

Our service works with you to enhance your ability to engage in the activities you want to. We can work with you to adapt your environment to enable your safe and independent engagement in activities in your home, school and community environments.

Rehabilitation, aged care and people with a disability:

Through an initial assessment, an Occupational Therapist will visit you in your home to:

- Determine environmental barriers that are impacting on your safety and independence in your home.
- Assess and analyse your current occupational performance, providing you with practical strategies to improve your safety and independent engagement in personal, domestic and community activities of daily living.
- Prescribe equipment and recommend home modifications to maximise your safety and independence in your home.
- Provide education and referral to other services as appropriate.

Working with Children:

Paediatric Occupational Therapy assists families with children aged 0-12, experiencing difficulty with:

- Behaviour and social skills.
- Motor and coordination skills.
- Toileting.
- Sensory concerns.
- And/or other developmental delays.

Our service offers:

- Individual assessment and therapy.
- Group programs.
- Parent education.
- Referral to other services as required.

Accessing this service:

- You can refer yourself to this service by contacting us on 1300 77 33 52, or a family member, parent or care giver can refer you.
- This service is available through **self-funded (fee paying)** system. Speak to our team about fees – private health insurance rebates may apply.

Concession card (pension or health care card) fees are available – ask our team.



You only live once, live well.

Need help?

To find out more about Nexus, please contact us on:

t 1300 77 33 52

info@nexusprimaryhealth.org.au



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