



Speech Pathology

Helping you improve your communication or swallowing abilities.

Speech Pathology assists children, adults and older adults who have communication or swallowing difficulties.

Our service is confidential and respectful of your needs, circumstances and culture.

Communication is essential for our wellbeing as it keeps us connected to others. Methods of communication may include the following:

- speaking
- using language
- understanding language
- reading
- writing
- body language

Swallowing problems may be:

- trouble chewing
- coughing when eating or drinking
- food getting stuck in the throat when eating

For frail, aged and people with a disability:

Communication and swallowing difficulties can occur for many reasons including stroke, neurological diseases, surgery, cancer or dementia.

Our service can offer:

- Home visits
- Assessment
- Care Plan Development

- Education
- Referral to other services as appropriate

Speech Pathology can help you with ways to regain or compensate for communication difficulties, and, if you are having swallowing difficulties, to eat more safely, giving you peace of mind.

For Children:

Our Paediatric Speech Pathology service assists children up to 6 years of age, who have communication difficulties.

We can help your child to:

- understand what people say,
- express thoughts, feelings, experiences and needs
- speak clearly
- speak without stuttering

Through this service we can provide:

- speech, language and stuttering assessments
- individual therapy
- group programs
- parent education
- referral to other services as appropriate

#YOLO LiveWell

You only live once, live well.

Need help?

To find out more about Nexus, please contact us on:

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