



living well
in your community



**Our
Services**



Nexus Primary Health provides a comprehensive range of services to support you to live well in your community.

All of our services are private and confidential.

#YOLO LiveWell



We provide a range of services to help you prevent, manage or treat your health and wellbeing needs. We are a one stop shop for all your cost-effective health care services.

Who We Service

MEN

Each year over 40,000 Australian men die prematurely, meaning every hour five Australian men die because they don't look after themselves. Be proactive about monitoring and managing your health.

WOMEN

Women face a variety of health challenges at different stages of their lives. Nexus can;

- help you manage your health issues,
- offer advice, and
- connect you to support services or fitness programs to keep you healthy and active.

CHILDREN

The way children eat, exercise, and interact with their families and community, has a direct impact on their health and wellbeing. Nexus provides a range of services that help children grow.

YOUNG PEOPLE

Young people are confronted with making choices about safe sex, alcohol, tobacco and illicit drug use. Evidence suggests that young people who feel supported by their families and friends are more likely to make healthier choices.

OLDER PERSONS

Healthy older Australians are more likely to stay in the workforce longer, establish and maintain social support networks, and then enjoy a happy retirement. Nexus can help you to stay active, independent and living at home for as long as possible.

DISABILITY

Nexus works together with you, your family and carers to achieve your health and wellbeing goals.

CHRONIC DISEASE

If you are living with a long term illness, Nexus has a range of services (individual or group) that can improve your quality of life. Chronic illnesses include diabetes, heart disease, arthritis, asthma, cancer and some mental illnesses.

#YOLO LiveWell

You only live once, live well.

Our Services



Allied Health



Community Support



Health Promotion



Medical and Nursing



Mental Health and Wellbeing

Allied Health

- Autism Diagnostic Assessments
- Children's Dental Screening
- Paediatrician
- Diabetes Education
- Exercise Physiology
- Nutrition and Dietetics
- Occupational Therapy
- Physiotherapy
- Podiatry
- Speech Pathology

Medical and Nursing

- General Practitioners
- Practice Nursing
- District Nursing
- Continence Nursing
- Community Health Nursing

Community Support

- Alcohol, Tobacco & Other Drugs Support
 - Youth Outreach
 - Counselling Care and Recovery*
- Family Violence Support
 - Men's Behaviour Change Program
 - Women and Children's Counselling
- Financial Counselling**
- Gamblers Help
- Disability Case Management
- Personal & Home Care
- Home Maintenance
- Transport Assistance
- Respite
- Meals on Wheels

*to access this service call ACSO on 1300 022 760

**to access this service call Primary Care Connect on 5823 3200.

Health Promotion and Community Engagement

- #YOLOLiveWell Prevention Campaign
- Family Violence Prevention
- Alcohol and Drug Prevention
- Healthy Eating and Food Security
- Sexual and Reproductive Health Initiatives
- Inclusive Practice
- Rural Access: Inclusion for people with a Disability
- Membership & Volunteer Services

Mental Health and Wellbeing

- Personal Helpers and Mentors scheme (PHaMs)
- Counselling
- Theraplay®
- Horses Assisting You

Groups and Events at Nexus

- Social Support and Disability
- Social Inclusion
- Arts and Crafts
- Diabetes Education
- Therapy and Counselling
- Exercise and Strength

For more information visit: nexusprimaryhealth.org.au or call 1300 77 33 52.

Our services can be provided in the following ways:

- Self-funded (fee paying)
- GP Management Plans and Team Care Arrangements: Bulk Billing
- Department of Veterans Affairs
- Transport Accident Commission (TAC)
- Worksafe Victoria
- Australian Department of Social Services (DSS) Early Intervention Initiatives:
 - Better Start for Children with a Disability
 - Helping Children with Autism



“The Nexus story began over 30 years ago with a small community health service employing a physiotherapist and district nurse. Today we are a fully integrated primary health service with over 150 employees” – Suzanne Miller, CEO

About Us

Nexus Primary Health is the one stop shop for cost-effective health care services.

Our Vision:

Nexus Primary Health is the “go to” organisation for primary health information and person centred services in your community.

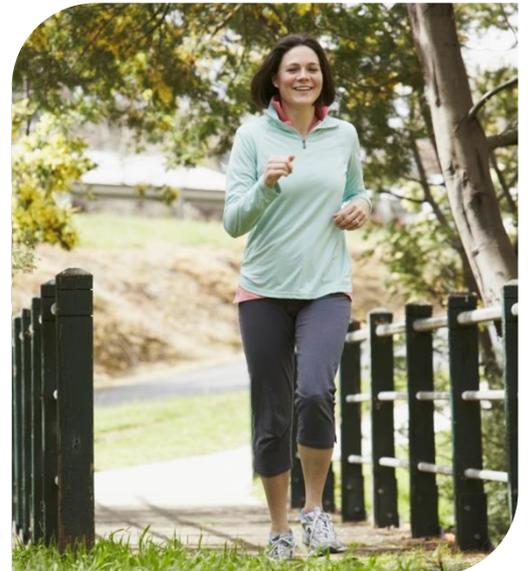
Our Mission:

To provide the highest quality integrated person centred health services, support and advocacy based on best available evidence.

To work collaboratively and strategically various stakeholders to effectively plan and deliver the continuum of prevention to intervention activities that to maximise health outcomes for our communities.

Our Values:

- Innovation – we will lead by example using evidence and embracing new ideas.
- Integrity – we will act ethically and professionally.
- Diversity – we will seek variety and difference.
- Empowerment – we will enable people to live well.
- Accountability – we will be responsible for our behaviours, actions and outcomes.
- Respect – we will value the rights of others.



Contact Us

To find out more about Nexus, please contact us on:

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