

# Access and Support

Helping you get the support you need.



Community  
Support

**Access & Support is for people with diverse needs who could benefit from community services, and who are disengaged from or are unsure about the services available to them.**

**Our service is confidential and respectful of your needs, circumstances and culture.**

Access & Support provides short term support for frail older people, younger people with a disability, and their carers, who:

- N** Need help to stay living at home,
- N** Have diverse needs,
- N** Need help to access services.

**If you or someone you are caring for:**

- Is Aboriginal or Torres Strait Islander,
- Has cultural or language barriers,
- Is experiencing financial disadvantage,
- Has dementia,
- Or lives in a rural area,

an Access & Support worker may be able to help you.

**Access & Support can help you to:**

- N** Find out about and contact services,
- N** Think about what questions to ask,
- N** Understand how services work,
- N** Understand the steps involved to access a service,
- N** Find out if there are any costs involved,
- N** Complete any paperwork or forms,
- N** Choose which services suit your needs and lifestyle,
- N** Think about how you would like the service to be provided.

**Accessing this service:**

- There is no charge for this service – it is free. No referral is required.
- To make an appointment with Access & Support contact Nexus on 1300 77 33 52.  
**OR**
- Via **MyAgedCare**, the contact centre on 1800 200 422 or [www.myagedcare.gov.au](http://www.myagedcare.gov.au) and request *Specialised Support Service (Client Advocacy)*.

#YOLO LiveWell

You only live once, live well.



myagedcare

Need help?

To find out more about Nexus, please contact us on:

**t 1300 77 33 52**

**info@nexusprimaryhealth.org.au**



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72 Ferguson St

**Seymour**  
22 Callen St

**Kinglake**  
19 Whittlesea-Kinglake Rd

**Wallan**  
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